

# CATBBAS V

Controversies, Art & Technology in Breast & Bodycontouring Aesthetic Surgery

## Mini Invasive Aesthetics (MIA)

by Ali Ghanem

### Scope and purpose

Professor Ali Ghanem is a multi-award-winning Consultant Aesthetic and Plastic Surgeon, who offers a complete range of facial procedures and body contouring treatments, including his exclusive Total Facial Refresh.

In addition to his clinical practice Mr Ghanem is visiting Professor of Aesthetic Medicine at the College of Medicine and Dentistry Birmingham and Ulster University where he established and directs the department of Facial Aesthetics. He founded and led the world's first university programme in aesthetic medicine at Queen Mary University of London.

In this very first edition of non-surgical aesthetics workshop, Professor Ghanem and his colleague Dr George Christopoulos will take the delegates through a step by step approach to facial aesthetics from total face and neck botulinum toxins treatment, full facial soft tissue augmentation with fillers and collagen stimulating agents to the state of the art tool box of aesthetic regenerative treatments such as polynucleotides, recombinant growth factors and platelet rich aggregates. The workshop would include lectures, step by step video tutorials as well as live demonstrations.

A highlight of the workshop would be the participation of Dr Patrick Tonnard, one of the world's most innovative plastic surgeon, with important contribution on nanofat and its aesthetic indication, and Dr Ushe Aniagwu who will deliver one of his very popular tear trough master classes.

Whether you are a beginner or an advanced aesthetic practitioner, this workshop would provide you with invaluable insights and empower you to greatly enhance your portfolio of aesthetic interventions.

### Faculty



**Ali Ghanem**  
Aesthetic Plastic Surgeon



**Patrick Tonnard**  
Aesthetic Plastic Surgeon



**George Christopoulos**  
Aesthetic Plastic Surgeon



**Uche Aniagwu**  
Aesthetic practitioner

## Programme

- 09:00 – 10:00 **Session I – Molecular MIAs**  
Using Recombinant growth factors & polynucleotides for facial aesthetics  
Face and body volume replacement through collagen stimulation  
[Ellansé & Lanluma]  
Live Demonstration I
- 10:00 – 11:00 **Session II – Blood Derived Regenerative Factors**  
Platelet Rich Plasma vs Platelet rich fibrin in aesthetic medicine – What I would choose and how I use it?  
How to combine platelet rich aggregate with HA fillers for soft tissue augmentation  
How to combine platelet rich aggregate with energy based devices  
Live Demonstration II
- 11:30 – 13:00 **Session III – Master class in botulinum toxins and fillers**  
Botulinum toxin for total facial optimisation using robotic assisted injector  
Addressing the volume loss and discoloration of the tear trough  
Live Demonstration III
- 14:00 – 15:30 **Session IV - Tissue derived Regenerative Factors**  
Dermal micrograft for hair loss, tissue regeneration and skin rejuvenation  
Nano fat applications in facial aesthetics  
Step by Step video demonstration I
- 16:00 – 17:00 **Session IV - Tissue derived Regenerative Factors**  
Total facial soft tissue augmentation using minimum new generation filler for the temple, malar, nasal, lips, jawline and chin  
Step by Step video demonstration II
- 17:00 – 17:45 **Session VI - Technology in Regenerative Medicine**  
Evolution of CO2 laser resurfacing for skin regeneration  
Combination of internal and external laser energy for dermal regeneration  
Combination of Erbium Yag and Nd Yag laser for optimal skin resurfacing; the Reverse Protocol.  
Step by Step video demonstration III
- 17:45 **Discussion**
- 18:00 **End**